



Congrats on being named a Prepared for Life Scholarship recipient! We are proud of the work you have accomplished and look forward to seeing all of the great things you will do in the coming years. Thank you for being an ambassador for Lutzie 43 and safe driving.

We would like to highlight you, as a part of the PFL class. Please submit the following items listed below by emailing them to Abby Forristall at abby@lutzie43.org.

- Blog Post
 - We ask all of our PFL Scholarship recipients to provide a blog post about what it means to receive the PFL Scholarship, your plans for the future, and how you heard about Lutzie 43. Please see the past examples linked below.
 - [Example One](#)
 - [Example Two](#)
 - [Example Three](#)
- Video
 - In addition to the blog post, we like to highlight our winners via video. Please record a one minute video introducing yourself and what it means to be a YEAR recipient. Please find examples linked below.
 - [Example One](#)
 - [Example Two](#)
 - [Example Three](#)
- Pictures
 - Please send us a good headshot and several pictures of you doing things you enjoy. These photos could be you playing a sport, volunteering with a club or organization, hiking, etc. We will use this along with your blog post to highlight you!

In addition to digitally submitting these things, there are a few things that we will ask for you to do throughout the year to support the Lutzie 43 Foundation. These requirements are outlined on the PFL Scholarship page and included below for reference.

1. You must connect with Mike Lutzenkirchen after you are announced as a scholarship recipient.
2. If able, you will support the annual Road Race that takes place in early August by volunteering at the event, hosting a virtual run, promoting the run on social media or creating a running team.

Please complete the following steps to receive your first year's scholarship funds.



1. An official copy of your Fall Semester schedule. You can provide this via a pdf attachment of a screenshot within your email.
2. Your Student ID Number.
3. A specific contact name or department name and a mailing address for us to send the check. The scholarship payment is made directly to your university or college.
4. This information is to be sent to mike@lutzie43.org and copy to abby@lutzie43.org.

Please remember that to be eligible for the next amount of the PFL Scholarship, you will need to have a 3.0 GPA and complete a year-in-review letter with information from your previous year of school.

We also ask that after each semester, you provide the following.

1. A semester grade report.
2. Connect with Mike Lutzenkirchen to keep in touch.

Please send the above requirements to Abby Forristall at abby@lutzie43.org.

Congrats again on being named a PFL Scholarship recipient! We are excited to support you in your future endeavors!